

Sasha SIMMONS



SPEAKER KIT

SPEAKER & ENTREPRENEUR





SASHA SIMMONS

Speaker, Influencer & CEO of SpeakLife

Sasha Simmons is a highly sought-after Inspirational Speaker, Writer and Podcast Host focused on empowering individuals to fully embrace a limitless life.

Sasha is an expert at overcoming limitations. By age 18, not only had she broke free from a highly conservative religious cult, she also successfully won 17 university scholarships totaling over \$1M, therefore exceeding all familial and societal expectations of what was possible.

Sasha has received international recognition and has worked with a variety of noteworthy companies including Nationwide Insurance, The United States Department of Agriculture (USDA)

and Silicon Valley Bank to guide people on how to live a purposeful and empowered life.

Her insights have been featured in innovative and esteemed outlets like Chase Bank for Business, Blavity, and Go Courageously by iHeart Radio. Sasha has been recognized as one of Phoenix 40 Under 40 Urban Leaders and serves as a Brand Ambassador to the University of North Florida.

As an inspirational speaker, Sasha teaches individuals to step out of their comfort zone and live their most epic and expansive lives.

PROGRAM DESCRIPTION

SPEAK LIKE A BOSS!™

*Unlocking the Secret of
Commanding Stages and Audiences*

PROGRAM BIO

Speak Like A Boss™ is an executive presence training that teaches leaders how to speak intelligently about their business to secure new opportunities. The series will examine the elements of public speaking and help attendees understand how to formulate a speech, control the room to inform and captivate their audience.

The ADDIE model is used in the development, design, and implementation of this three-part training series. Attendees are quickly engaged in the presentation to obtain their immediate buy-in as adult trainings are most effective when the participant understands their value in relation to the presentation.

A PowerPoint is used to teach the strategies in this training. The presentation includes videos, stories, examples, and audience participation and even a mirror to teach "The Mirror trigger"! This unique approach captivates the audience to make for an engaging experience that resonates with attendees.

TAKEAWAYS

Leaving this presentation your audience will:

- Identify what makes a good speaker, great
- Components of the Super Speaker Formula
- List ways to steer the conversation
- The power of voice inflections and how to utilize them to
- How to speak with confidence and authority
- Demonstrate use of the mirror trigger

PROGRAM DESCRIPTION

CREATE YOUR LIFE

The formula to living an intentional and limitless life

PROGRAM BIO

Sasha's mantra is that anyone can achieve anything, it is simply a matter of how "bad" they want it! To prove this, she shares her story of how she transformed her life from oppression to freedom and from the projects of Duval County to Penthouses of New York City. She provides fundamental strategies and steps that are necessary to control and create the life you want!

This keynote with Sasha is an experience of how one can use the most powerful tool they are given—THE MIND, to create a life based on their thoughts and imaginations. Learn how to take your thoughts from an idea to a product and/or service.

T A K E A W A Y S

Leaving this presentation your audience will:

- Understanding how to maximize the resources that are available.
- Creating Opportunities for growth
- Identifying your Super connectors (Mentor, Sponsor, Champion & Challenger)
- Using ingenuity to think like there is no box in order to problem solve
- The power of imagination and perseverance

PROGRAM DESCRIPTION

THE BIAS BAROMETER

Identifying and Overcoming Biases in the Workplace

 [CLICK TO WATCH MY DEMO VIDEO](#)

PROGRAM BIO

The Big B word—Bias. The truth is each of us have biases of our own that are influenced by our personal experiences and perspectives. Biases can present in both conscious and unconscious experiences and can prove especially detrimental to underrepresented groups.

In this training we explore what biases are and the various ways they may present in the workplace. We establish a baseline understanding of our own biases and what it means to check that bias. This training highlights the importance of safe space learning and allow participants to submit questions anonymously through an external portal to promote engagement and participation.

Leaving this presentation your audience will:

- Understanding what bias is and how it may show up in the workplace
- Identifying types of biases
- Why addressing biases in the workplace is so important
- Unconscious vs Conscious Biases and how to overcome each
- Attendees will receive resource page of articles, documentaries, book and speeches to help navigate the conversation around The Bias Barometer
- Implicit Association Test

PROGRAM DESCRIPTION

THE DYNAMIC LEADER

Transforming Teams through Leadership Development, Positive Reinforcement and Team Building

Leaving this presentation your audience will:

- The Fundamentals: Understanding Your Leadership Style
- Exploring How Effective Leaders Communicate Within their Teams
- How to Build & Maintain Trust as a Leader
- Leadership Theories & Styles
- True Colors Leadership Test
- Fostering a Positive Workplace
- Building Confidence and Influence as a Leader

PROGRAM BIO

This leadership training is designed to promote teamwork and empower individual contributors and organizational leaders to enhance skills in their leadership toolbelt.

The series explores fundamental leadership techniques, elements of empathetic leadership and refine skills necessary to create, manage and sustain high performing teams. Participants will learn to apply effective leadership tools such as assertive communication, motivation methods, growth coaching and identifying their leadership style.

Participants will learn how to become a well rounded and more confident leader. Focusing on elements like self leadership, a growth mindset and emotional intelligence participants will learn to embody whole leadership as an extension of themselves.

TAKEAWAYS



IN THE MEDIA

Survival Radio Network
Television



AS SEEN IN...



With 13 years of work experience she is widely regarded as an industry leader committed to personal and professional development.

Her insights have been featured in innovative and esteemed outlets like Chase Bank for Business, the USDA, Blavity and Go Courageously with iHeartRadio.

Sasha has been recognized as one of Phoenix 40 Under 40 Urban Leaders, serves as a Brand Ambassador to the University of North Florida and is a recipient of the 2021 UNF Alumni Achievement Award.



SpeakLife, LLC is known for the inspiration and tactical solutions we offer. Our clients have started businesses, developed new skills, improved relationships, and themselves using the formulas provided through SpeakLife.

Voyage Phoenix

731 **seventhirtyone**

FROM BROKEN TO WHOLE

SevenThirtyOne is an inspirational podcast committed to normalizing emotional healing by providing our listeners with resources and support to guide the healing process.

We believe by focusing on healing your emotional being you can improve the trajectory of your life. With an understanding that healing is hard and requires work, we aim to provide our 731 troopers with resources that guide the healing process.

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FOLLOWERS



LINKEDIN

5K +
FOLLOWERS

SOCIAL MEDIA FOLLOWING

Sasha Simmons has a strong social media presence on Instagram, Facebook and Twitter. She posts frequently and has a highly engaged following that includes leaders who are looking to grow personally and professionally.

“



Sasha brings her authentic self to all of us. She moved people, inspired them and gave them hope...this is all SO important.

Donna Orender
Founder & CEO
Generation W

“



Sasha is passionate about life and it shows in her positive energy! She is a go-getter and determined young woman. Her life story will leave you in awe of her accomplishments..

LaRonda Howard
Director
Florida Healthy Start Coalition

“



Sasha is totally **energizing and inspires** you to follow your dreams. She helps you to think beyond what seems possible.

Pam C.
President
University of North Florida

“



Sasha is a phenomenal speaker! I couldn't help but feel a surge of emotion and motivation as she shared her personal story and everything she's overcome.

Kristen Walker
Co-Founder & Life Coach
Clarity on Fire

“

Sasha is the kind of motivational speaker who brings down the house. She has you crying one minute, laughing the next.

Sharon A.

Vice President for Public Relations
University of North Florida





Book Me to Speak

To Book Sasha Simmons for
your next event please contact:

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CONNECT WITH ME ON SOCIAL

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Sasha Simmons
ESTABLISH YOUR OWN GREATNESS